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I LOVE YOU THROUGH AND THROUGH, GOOD NIGHT, I LOVE YOU, and now TEN TINY TOES! Caroline Jayne Church brings her adorable toddler art and lovely rhymes to this joyful twist on the tried-and-true classic, HEAD, SHOULDERS, KNEES, AND TOES. From ears that wiggle to bellies that giggle, TEN TINY TOES is sure to inspire little ones as they learn to celebrate their "mouth, ears, eyes, nose, and a love that grows and grows." Specialised chapters about biomechanics, paediatric spinal cord injury and high cervical injuries Insight into the lived experience of individuals with a spinal cord injury Documentation of the patient journey from injury to total rehabilitation Practical information on mobility devices and returning to driving Appendix of common assessments for spinal cord injuries Includes an eBook with purchase of the print book The Congressional Record is the official record of the proceedings and debates of the United States Congress. It is published daily when Congress is in session. The Congressional Record began publication in 1873. Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States (1789-1824), the Register of Debates in Congress (1824-1837), and the Congressional Globe (1833-1873) Some vols. include supplemental journals of "such proceedings of the sessions, as, during the time they were depending, were ordered to be kept secret, and respecting which the injunction of secrecy was afterwards taken off by the order of the House". This book provides the first overview of the service technologies available to telecoms operators working in a post-convergence world. Previous books have focused either on computer networks or on telecoms networks. This is the first to bring the two together and provide a single reference source for information that is currently only to be found in disparate journals, tool specifications and standards documents. In order to provide such broad coverage of the topic in a structured and logical fashion, the book is divided into 3 parts. The first part looks at the underlying network support for services and aims to explain the technology that makes the user-visible services possible. This section covers multimedia networking, both traditional (legacy) and future (softswitch) call processing, intelligent networks, the Internet, and Wireless networks. Part 2 deals with how these services may be analysed and managed. Chapters cover topics such as commercial issues, service management, quality of service, security, standards and APIs. Part 3 concludes the book by looking ahead at evolving technologies and more speculative possibilities, discussing the kinds of services that may be possible in the future and the technologies that will support them. * Focuses is on how the technology supports the services, rather than on technology for its own sake * Contributors drawn from both academia and industry (companies such as Marconi, BT, Telcordia, Cisco, Analysys) to give both theoretical and real-world perspectives * Unique single-reference source for a wide range of material currently found only in disparate papers, specs and documentation * Covers brand new technologies such as JAIN, JTAPI, Parlay, IP, multimedia networking, active networks, WAP, wireless LANs, agent-based services, etc. Data Mining: Practical Machine Learning Tools and Techniques, Third Edition, offers a thorough grounding in machine learning concepts as well as practical advice on applying machine learning tools and techniques in real-world data mining situations. This highly anticipated third edition of the most acclaimed work on data mining and machine learning will teach you everything you need to know about preparing inputs, interpreting outputs, evaluating results, and the algorithmic methods at the heart of successful data mining. Thorough updates reflect the technical changes and modernizations that have taken place in the field since the last edition, including new material on Data Transformations, Ensemble Learning, Massive Data Sets, Multi-instance Learning, plus a new version of the popular Weka machine learning software developed by the authors. Witten, Frank, and Hall include both tried-and-true techniques of today as well as methods at the leading edge of contemporary research. The book is targeted at information systems practitioners, programmers, consultants, developers, information technology managers, specification writers, data analysts, data modelers, database R&D professionals, data warehouse engineers, data mining professionals. The book will also be useful for professors and students of upper-level undergraduate and graduate-level data mining and machine learning courses who want to incorporate data mining as part of their data management knowledge base and expertise. Provides a thorough grounding in machine learning concepts as well as practical advice on applying the tools and techniques to your data mining projects Offers concrete tips and techniques for performance improvement that work by transforming the input or output in machine learning methods Includes downloadable Weka software toolkit, a collection of machine learning algorithms for data mining tasks—in an updated, interactive interface. Algorithms in toolkit cover: data pre-processing, classification, regression, clustering, association rules, visualization Extensively illustrated and evidence based, Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spines helps you effectively diagnose and manage musculoskeletal pain. It discusses diagnostic categories and their associated muscle and movement imbalances, and makes recommendations for treatment. Also covered is the examination itself, plus exercise principles, specific corrective exercises, and the modification of functional activities. Case studies provide examples of clinical reasoning, and a companion Evolve website includes video clips of tests and procedures. Written and edited by the leading experts on muscle and movement, Shirley Sahrman and associates, this book is a companion to the popular Diagnosis and Treatment of Movement Impairment Syndromes. An organized and structured method helps you make sound decisions in analyzing the mechanical cause of movement impairment syndromes, determining the contributing factors, and planning a strategy for management. Detailed, yet clear explanations of

examination, exercise principles, specific corrective exercises, and modification of functional activities for case management provide the tools you need to identify movement imbalances, establish the relevant diagnosis, and develop the corrective exercise prescription. Case studies illustrate the clinical reasoning used in managing musculoskeletal pain. Evidence-based research supports the procedures covered in the text. Over 360 full-color illustrations -- plus tables and summary boxes -- highlight essential concepts and procedures. A companion Evolve website includes video clips demonstrating the tests and procedures and printable grids from the book. On occasion nearly everyone experiences short-term back pain from sore or strained muscles. But for many who come to treat their back gingerly because they fear further "injury," a cycle of worry and inactivity results; this aggravates existing muscle tightness and leads them to think of themselves as having a "bad back." Even worse is the understandable but usually counterproductive assumption that back pain is caused by "abnormalities"--bulging disks, a damaged spine, and so on. However, these abnormalities are frequently found in those who have absolutely no pain whatsoever. In reality, most backs are strong and resilient, built to support our bodies for a lifetime; truly "bad backs" are rare. Drawing on their work with patients and studies from major scientific journals and corporations, the authors of Back Sense--all three are former chronic back pain sufferers themselves--developed a revolutionary self-treatment approach targeting the true causes of chronic back pain. It is based on conclusive evidence proving that stress and inactivity are usually the prime offenders, and it allows patients to avoid the restrictions and expense of most other treatments. After showing readers how to rule out the possibility that a rare medical condition is the source of their problem, Back Sense clearly and convincingly explains the actual factors behind chronic back pain and systematically leads readers toward recapturing a life free of back pain.

Summary: Depicts the drama of a family living in an English village and how they are affected by World War II. Identifies transportation research and product needs as identified by local government officials in the country's largest jurisdictions. Originally created as a teaching tool, this bibliography has taken on a second life as a research tool for various facets of American art song, including, in this edition, both current and historical discography. A double-action Batman and Robin thriller..."Two-way gem caper" Guest-starring The Hootenanny Hotshots!

EuropeActive's Essentials for Fitness Instructors contains the most comprehensive information and materials to guide fitness instructors towards best practices in helping clients achieve their fitness and health goals. Endorsed by EuropeActive, the fitness and health industry's standard-setting authority in Europe, this manual is essential for all aspiring and qualified fitness instructors. This resource includes fundamentals and best practices of concepts, procedures, duties and responsibilities that individual and group fitness instructors perform on the job, covering the knowledge, skills and abilities needed for level 3 classification in the European Qualifications Framework (EQF), the baseline standards for registered fitness instructors in Europe. It provides mechanical and physiological information with hands-on techniques and practical examples to ensure that all fitness instructors deliver enjoyable and effective exercise sessions. Authored by renowned experts from all over Europe, EuropeActive's Essentials for Fitness Instructors supports fitness instructors in promoting healthy lifestyle management and exercise adherence. Current and future fitness instructors will learn ideal ways to do the following:

- Build rapport and motivate participants.
- Identify participants' motives and goals.
- Prepare appropriate choreography and use music.
- Provide effective and safe instruction; display and provide feedback on technique; and give advice on intensity, progressions and adaptations.
- Deliver excellent customer service and be a positive role model for participants in a clean and safe environment.

The book begins by addressing customer service and communication. By first detailing the principles of customer service, the importance of communication in teaching and how to provide and receive feedback, fitness instructors can receive the information that follows with the proper mind-set. The book then delves into the core of physiology of individual fitness training, giving instructors a solid base from which to work with clients. Chapters on cardiorespiratory exercise and resistance exercise explain the science and training methods specific to each type of workout, including optimal warm-ups and cool-downs, adaptations and matters of safety. A chapter on principles of training, including progression, dose-response relationship, specificity, overload and reversibility, ties all of these concepts together. The second half of the book deals with effective group instruction, specifying how to incorporate the science of training with the art of class leadership. Preparing for, delivering and even ending a class come with particular strategies that will boost retention and results, and three chapters on music and choreography take the guesswork out of structuring a routine. Finally, a chapter on stress management offers an overview of the effects of stress on health, symptoms to watch for and relaxation techniques. The book concludes with an appendix of the EuropeActive EQF level 3 standards for reference. Aspiring and qualified fitness instructors have a duty of care to keep up with the latest health and fitness standards. EuropeActive's Essentials for Fitness Instructors ensures instructors are properly serving their industry and their clients. For those who promote physical activity and healthier lifestyles, there is no other title with more authority in Europe. How Things Work provides an accessible introduction to physics for the non-science student. Like the previous editions it employs everyday objects, with which students are familiar, in case studies to explain the most essential physics concepts of day-to-day life. Lou Bloomfield takes seemingly highly complex devices and strips away the complexity to show how at their heart are simple physics ideas. Once these concepts are understood, they can be used to understand the behavior of many devices encountered in everyday life. The sixth edition uses the power of WileyPLUS Learning Space with Orion to give students the opportunity to actively practice the physics concepts presented in this edition. This text is an unbound, three hole punched version. Access to WileyPLUS sold separately. Rules -- the clearest, most explored and best understood form of knowledge representation -- are particularly important for data mining, as they offer the best tradeoff between human and machine understandability. This book presents the fundamentals of rule learning as investigated in classical machine learning and modern data mining. It introduces a feature-based view, as a unifying framework for propositional and relational rule learning, thus bridging the gap between attribute-value learning and inductive logic programming, and providing complete coverage of most important elements of rule learning. The book can be used as a textbook for teaching machine learning, as well as a comprehensive reference to research in the field of inductive rule learning. As such, it targets students, researchers and developers of rule learning algorithms, presenting the fundamental rule learning concepts in sufficient breadth and depth to enable the reader to understand, develop and apply rule learning techniques to real-world data. A major revision of our understanding of JFK's commitment to Vietnam, revealing that his administration's plan to withdraw was a political device, the effect of which was to manage public opinion while preserving US military assistance. In October 1963, the White House publicly proposed the removal of US troops from Vietnam, earning President Kennedy an enduring reputation as a skeptic on the war. In fact, Kennedy was ambivalent about withdrawal and was largely detached from its planning. Drawing on secret presidential tapes, Marc J. Selverstone reveals that the withdrawal statement gave Kennedy political cover, allowing him to sustain support for US military assistance. Its details were the handiwork of Defense Secretary Robert McNamara, whose ownership of the plan distanced it from the president. Selverstone's use of the presidential tapes, alongside declassified documents, memoirs, and oral histories, lifts the veil on this legend of Camelot. Withdrawal planning was never just about Vietnam as it evolved over the course of fifteen months. For McNamara, it injected greater discipline into the US assistance program. For others, it was a form of leverage over South Vietnam. For the military, it was largely an unwelcome exercise. And for JFK, it allowed him to preserve the US commitment while ostensibly limiting it. The Kennedy Withdrawal offers an inside look at presidential decisionmaking in this liminal period of the Vietnam War and makes clear that portrayals of Kennedy as a dove are overdrawn. His proposed withdrawal was in fact a cagey strategy for keeping the United States involved in the fight--a strategy the country adopted decades later in Afghanistan. Deflections tend to have more significance in modern structures, especially those that are either taller, longer or have wider spans than earlier designs. It is also necessary to provide desirable distributions of internal forces in order to achieve effective, efficient and elegant structures. This book

presents four structural concepts relating to deflections and internal forces in structures. It demonstrates a number of routes and physical measures together with their implementation for creating desirable distributions of internal forces and for designing structures against deflection. Hand calculation examples, with and without using the implementation measures, are provided to quantify the effectiveness and efficiency of the structural concepts. Practical examples, including several well-known structures, are considered qualitatively to illustrate the practical implementation of the structural concepts and show their structural rationale. The book is especially suitable for advanced undergraduate and graduate students studying civil engineering or architecture and should enhance the holistic comprehension of structural engineers and architects. Features Develops the concepts from their principles through to their implementation Provides worked examples in pairs and analyses real structures Especially suits final year undergraduates and graduate students in structural engineering Author Bio Dr. Tianjian Ji, CEng, FStructE, FHEA, is Reader in Structural Engineering at the University of Manchester, UK. He received the Award for Excellence in Structural Engineering Education from the Institution of Structural Engineers, UK, in 2014 and the Teaching Excellence Award from the University of Manchester in 2016. He is the primary author of Understanding and Using Structural Concepts, 2nd edition, also published by Taylor & Francis. Electrical services are a vital and costly component in any modern building. It is essential that construction professionals understand the basic principles of services design. For the new edition of this well established book the author provides a basic grounding in the design of electrical services. Throughout, the emphasis is on the needs of the design engineer and the book describes methods of design with examples of calculations and techniques of installation. A New York City ethnography that explores men's unique approaches to Catholic devotion Every Saturday, and sometimes on weekday evenings, a group of men in old clothes can be found in the basement of the Shrine Church of Our Lady of Mount Carmel in Williamsburg, Brooklyn. Each year the parish hosts the Feast of Our Lady of Mount Carmel and San Paolino di Nola. Its crowning event is the Dance of the Giglio, where the men lift a seventy-foot tall, four-ton tower through the streets, bearing its weight on their shoulders. Drawing on six years of research, Alyssa Maldonado-Estrada reveals the making of this Italian American tower, as the men work year-round to prepare for the Feast. She argues that by paying attention to this behind-the-scenes activity, largely overlooked devotional practices shed new light on how men embody and enact their religiosity in sometimes unexpected ways. Lifeblood of the Parish evocatively and accessibly presents the sensory and material world of Catholicism in Brooklyn, where religion is raucous and playful. Maldonado-Estrada here offers a new lens through which to understand men's religious practice, showing how men and boys become socialized into their tradition and express devotion through unexpected acts like painting, woodworking, fundraising, and sporting tattoos. These practices, though not usually considered religious, are central to the ways the men she studied embodied their Catholic identity and formed bonds to the church. AUTOMOTIVE TECHNOLOGY: A SYSTEMS APPROACH - the leading authority on automotive theory, service, and repair - has been thoroughly updated to provide accurate, current information on the latest technology, industry trends, and state-of-the-art tools and techniques. This comprehensive text covers the full range of basic topics outlined by ASE, including engine repair, automatic transmissions, manual transmissions and transaxles, suspension and steering, brakes, electricity and electronics, heating and air conditioning, and engine performance. Now updated to reflect the latest ASE Education Foundation MAST standards, as well as cutting-edge hybrid and electric engines, this trusted text is an essential resource for aspiring and active technicians who want to succeed in the dynamic, rapidly evolving field of automotive service and repair. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. NEW YORK TIMES BESTSELLER "In her book, Melinda tells the stories of the inspiring people she's met through her work all over the world, digs into the data, and powerfully illustrates issues that need our attention—from child marriage to gender inequity in the workplace." — President Barack Obama "The Moment of Lift is an urgent call to courage. It changed how I think about myself, my family, my work, and what's possible in the world. Melinda weaves together vulnerable, brave storytelling and compelling data to make this one of those rare books that you carry in your heart and mind long after the last page." — Brené Brown, Ph.D., author of the New York Times #1 bestseller Dare to Lead "Melinda Gates has spent many years working with women around the world. This book is an urgent manifesto for an equal society where women are valued and recognized in all spheres of life. Most of all, it is a call for unity, inclusion and connection. We need this message more than ever." — Malala Yousafzai "Melinda Gates's book is a lesson in listening. A powerful, poignant, and ultimately humble call to arms." — Tara Westover, author of the New York Times #1 bestseller Educated A debut from Melinda Gates, a timely and necessary call to action for women's empowerment. "How can we summon a moment of lift for human beings – and especially for women? Because when you lift up women, you lift up humanity." For the last twenty years, Melinda Gates has been on a mission to find solutions for people with the most urgent needs, wherever they live. Throughout this journey, one thing has become increasingly clear to her: If you want to lift a society up, you need to stop keeping women down. In this moving and compelling book, Melinda shares lessons she's learned from the inspiring people she's met during her work and travels around the world. As she writes in the introduction, "That is why I had to write this book—to share the stories of people who have given focus and urgency to my life. I want all of us to see ways we can lift women up where we live." Melinda's unforgettable narrative is backed by startling data as she presents the issues that most need our attention—from child marriage to lack of access to contraceptives to gender inequity in the workplace. And, for the first time, she writes about her personal life and the road to equality in her own marriage. Throughout, she shows how there has never been more opportunity to change the world—and ourselves. Writing with emotion, candor, and grace, she introduces us to remarkable women and shows the power of connecting with one another. When we lift others up, they lift us up, too.

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