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The Path to Purpose *The Path* The Path to No-Self *Sanctuary* The Path to Hope *The Path to the Sea* **The Heart of the Path** *Diagrammatica* *The Path to Purity* *The Path to Success is Paved with Positive Thinking* The Path To English Reader For Class 2 **Path to Wing Chun** *Learning Life* **The Path to Serenity** **The Path The River Between Us** *The Path to Love* *The Path to Immortality* **The Path to Freedom** **The Path to Peace** The Path to Resilience The Path to You **The Path to Home** *Stay the Path* **The Path to the Guru** *The Path to the Lake* The Path to the Nest of Spiders The Principle of the Path **The Path to Me** **The Path to Honour** The Path to Sunshine Cove The Path to Confession **Art, Myth, and Ritual** **The Path to Perfection** **The Way of Integrity** The Path to Kindness **The Path to Victory** **The Path Made Clear** **The Path to Rome** **A Station on the Path to Somewhere Better**

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God calls all women to some level of leadership. Yet seeing yourself as a leader, discerning what one is meant to do, and navigating one's role as a woman and leader can be a challenging task. Drawing on the wisdom of 40 years of ministry, Bobbie Houston helps all women to discover their specific purpose and divine calling in **STAY THE PATH**. She shares the truths and experiences that have kept her and her husband, Brian Houston, on course, on point, and focused on the path before them. Readers will be able to recognize and believe in their unique gifts. Packed with personal stories, helpful advice, and leadership strategies for women, this book will challenge readers to claim their God-given potential and lead with confidence, poise, and grace. A forgotten house and a secret hidden for a century... 'Wonderfully evocative'

Judy Finnigan 'An absolute delight!' Hazel Gaynor 'Wonderful escapism' Tracy Rees 'A lovely story' Erica James 'Gloriously rich' Rachel Hore 'Sublime storytelling' Cathy Bramley 'Emotional' Kate Ryder

Your Direction, not Your Intention, Determines Your Destination. There is often a tension between where we want to end up in life and the path we choose to get there. We fail to see that having good intentions is never good enough. Like Charlie Brown, we wrongly believe there's something to be said for trying hard. We need to understand why, in spite of our good intentions, we may have ended up at the wrong destination with our finances, our marriages, our careers, or a host of other dreams. So how do we get from where we are to where we truly want to be? The Principle of the Path is a road map to proper direction and discipline. Includes Extensive Study Guide. More than half a century after Einstein first described the energetic unity of the world in his famous equation, $E=mc^2$, we are finally beginning to understand the spiritual and mystical implications of his discovery. "Sanctuary: The Path to Consciousness" is about the miraculous possibilities that emerge when we see the universe as a matrix of frozen light, the spiritual manifestation of our intuitive consciousnesses. In this remarkable novel, you will find a new energetic model of the body, the spirit, and the nature of the physical world. It points the way to unlimited possibilities of absolute, eternal transformation, and you will find out that it is readily available now! After reading this book, you too can take advantage of the techniques of energetic Quantum-Consciousness Evaluation, and be able to identify and remove subtle-energy imbalances to attain and integrate physical, emotional, and spiritual harmony!

From a review in BuddhaDharma magazine: The Heart of the Path is a lengthy teaching on guru yoga by a contemporary exemplar of the practice, Lama Thubten Zopa. A close disciple of Lama Thubten Yeshe for more than three decades, Lama Zopa has taught by word and example the importance and power of properly following a guru. The book is based on several decades of dharma talks organized by editor Ailsa Cameron into twenty-four chapters, beginning with the question of why one needs a teacher to progress along the path. The remaining chapters discuss in considerable detail how to cultivate and practice devotion, and generate

the view of one's own teacher as the Buddha. It concludes with several short guru yoga visualization practices. Throughout the book Lama Zopa offers personal reflections and stories to illustrate his message that guru yoga truly is the heart of the path to liberation. From a review in Tricycle magazine: For those interested in stepping beyond the realm of ideas into the world of practice, the latest book from Tibetan master Lama Zopa Rinpoche is a helpful guide to one important aspect of the spiritual path. The Heart of the Path explains the importance of guru devotion and Zopa's view of the proper way to develop a student-teacher bond. Lama Zopa has had many teachers, but his unwavering devotion to Lama Thubten Yeshe shines through on every page. Drawing on this experience and the Buddha's teachings, Zopa effectively conveys the value of relationships based on Buddhist ideals. From a review in Mandala magazine: Although guru devotion is a foundational concept within Tibetan Buddhist thought, for many it remains a bewildering and impenetrable topic. Fortunately for contemporary practitioners, Lama Zopa Rinpoche has spoken extensively on guru devotion, giving teachings and advice about what it really means to have devotion to one's spiritual friend. Drawing from nearly fifty teachings, this treasure is the result of seven years of painstaking editing by Ven. Ailsa Cameron. Not only does it include teachings on the traditional sub-topics that fall under guru devotion found in Tsongkhapa's lam-rim, but also a useful outline to guide your reading, several supplementary prayers and teachings from other renowned Tibetan masters, and inspiring images of Lama Zopa, Lama Yeshe and other amazing teachers peppered throughout. A perusal of this masterful work by Lama Zopa Rinpoche will assuage any doubts about the utility or possibility of "seeing the guru as Buddha." This book is made possible by kind supporters of the Archive who, like you, appreciate how we make these teachings available in so many ways, including in our website for instant reading, listening or downloading, and as printed and electronic books. Our website offers immediate access to thousands of pages of teachings and hundreds of audio recordings by some of the greatest lamas of our time. Our photo gallery and our ever-popular books are also freely accessible there. Please help us increase our efforts to

spread the Dharma for the happiness and benefit of all beings. You can find out more about becoming a supporter of the Archive and see all we have to offer by visiting our website. Thank you so much, and please enjoy this e-book. A short, incisive political tract that criticizes the culture of finance capitalism and calls for a return to the humanist values of the enlightenment: equality, liberty, freedom as defined in the Declaration of the Rights of Man, a return to community, mutual respect, freedom from poverty, and an end to theocracy and fundamentalism. The authors argue that a return to these values constitutes "a path to hope," leading the way out of the present worldwide malaise brought on by economic collapse, moral failure, and an ignorance of history. For the authors, 20th-century fascism was no mere abstraction--it was a brutal system brought on by a similar malaise, a system they fought against. This gives their book special urgency. The Path to Hope is written by two esteemed French thinkers--94-year-old Stephane Hessel and 90-year-old Edgar Morin, following on the heels of Hessel's *Indignez-vous!* (Time for Outrage!). Both books have become bestsellers in France and throughout Europe. Both have also become foundational documents underpinning the worldwide protest movement of which Occupy Wall Street is the American subset. I don't know how to do that yet, but I will learn. The purpose of *Learning Life* is to empower learning. The book takes a holistic approach to the goals of academic and personal achievement, integrating cross-disciplinary understandings from the fields of neuroscience, psychology, philosophy, and ancient mind-body traditions, to support greater life mastery. Learning is a process of going from not knowing to knowing, from not being able to do to being able to do. *Learning Life* provides a specific strategy to turn possibilities into realities. Written with humor, based on sound research and best practices, the book shows how to make the process of learning and growth more efficient, more effective, and more fun. As with more conventional works on achievement, this book covers information on academic skills, time management, financial planning, and related topics. More importantly, however, it integrates unique elements, rooted in evidence-based research, to enhance learner self-efficacy and positive expectancy for success (the belief that you can succeed if you try). The book builds

on three foundation practices - establishing clear goals, building mindful awareness, and focusing on quality. These foundations are a central aspect of the text, an approach to learning developed over years of working with many students in diverse contexts. The text also emphasizes self-reflection, problem solving, use of data and feedback, and making constructive change in all areas of life. It is about building an effective life. Ultimately the information and skills are applied in an active research format, based on a learning-by-doing orientation, which focuses on a personal change process related to academic/life success. Taken together the book's 18 chapters provide the basis for effective learning, improved life skills, and targeted applications in the pursuit of educational objectives, better health, career goals, improved relationships, and a meaningful life. The book is engaging, readable, evidence-based, classroom tested, and effective. It is an invaluable resource for anyone who wants to build a successful life, live with greater happiness, and cultivate even more gifts to give to the world. A classic spiritual journey through the heart of Christendom. Considered by Belloc himself, and by most critics, his greatest work, this classic book is the delightful story of the pilgrimage Belloc made on foot to Rome in order to fulfill a vow he had made ...and see all Europe which the Christian Faith has saved... In *The Life of Hilaire Belloc*, Robert Speaight states: More than any other book he ever wrote, *The Path to Rome* made Belloc's name; more than any other, it has been lovingly thumbed and pondered.... The book is a classic, born of something far deeper than the physical experience it records. "What is immortality? Does it mean living forever in the same physical body? *The Path to Immortality* shows that immortality means total liberation from the duality of this world and absolute freedom through spiritual mastery and higher consciousness. Immortality, it shows, is your divine right and the destiny of your soul. This far-reaching work unfolds metaphysical truths about the law of cycles and the seven "bodies" of man, the planes of consciousness, the inner working of the chakras and the flow of energy through them. It also explores what the soul is and how we can take care of it, the meaning of the "fiery trial," dangers that confront the soul on the homeward path and tools to deal with them." In this book, award-winning

entrepreneur and bestselling author Wally Amos shares his insights into the transformative power of positive thinking and how to use it to create a life full of success, inner strength, and lasting joy. He'll protect her no matter the cost. Although I've achieved my dream of owning my own restaurant, something is still missing from my life. I'm the one guy I know who didn't get the girl. And then Sadie walks into my life. She works for me, so I'm not supposed to want her. But she awakens something inside me I thought was dead and gone. I was numb, and she makes me feel again. She's running from her past, but I won't let it catch her. I'll protect her from whatever she left behind. She gave me a reason to care. If she'll let me, I'll give her a reason to trust and show her we belong together.

The Path to You was previously titled Could Be the Reason An easily accessible introduction to quantum field theory via Feynman rules in particle physics. A young orphan who joins the Italian Resistance against the occupying forces from Germany during World War II discovers some spiders nests in which he hides a gun that he steals from a German soldier. Everyone has a purpose. And, according to Oprah Winfrey, "Your real job in life is to figure out as soon as possible what that is, who you are meant to be, and begin to honor your calling in the best way possible." That journey starts right here. In her latest book, The Path Made Clear, Oprah shares what she sees as a guide for activating your deepest vision of yourself, offering the framework for creating not just a life of success, but one of significance. The book's ten chapters are organized to help you recognize the important milestones along the road to self-discovery, laying out what you really need in order to achieve personal contentment, and what life's detours are there to teach us. Oprah opens each chapter by sharing her own key lessons and the personal stories that helped set the course for her best life. She then brings together wisdom and insights from luminaries in a wide array of fields, inspiring readers to consider what they're meant to do in the world and how to pursue it with passion and focus. Renowned figures such as Eckhart Tolle, Brene Brown, Lin-Manuel Miranda, Elizabeth Gilbert, Jay-Z, and Ellen DeGeneres share the greatest lessons from their own journeys toward a life filled with purpose. Paired with over 100 awe-inspiring photographs to help illuminate the wisdom of

these messages, *The Path Made Clear* provides readers with a beautiful resource for achieving a life lived in service of your calling – whatever it may be. A verse-by-verse examination of the guide to self-transformation presented in the Bhagavad Gita • Reveals the scientific approach to personal development and spiritual enlightenment laid out in Krishna’s advice to Arjuna • Shows how the Gita prepares you to work with a guru, advocating authenticity and skepticism rather than blind devotion and obedience • Explores Krishna’s advice on which societal limitations to reject to overcome your fears and reconnect with the suppressed parts of your inner being Drawing on his more than 40 years of in-depth study of Indian Philosophy under the tutelage of his guru, Nitya Chaitanya Yati, author Scott Teitsworth explores the scientific approach to self-transformation and spiritual enlightenment encoded in Krishna’s advice to Arjuna in the Bhagavad Gita. Providing a verse-by-verse examination of the first two chapters, he reveals the Gita’s lessons to prepare the seeker to meet and successfully work with a guru--whether an outside teacher or the intuitive knowledge that arises from overcoming the psyche’s learned limitations. The author shows that the Gita does not advocate blind devotion to a guru or god but rather personal development, victory over your fears, and liberation of the psyche. He demonstrates how Krishna’s advice provides tools to guide us out of our fear-based experiences to reconnect with the suppressed parts of our inner being. He explains how Arjuna’s doubts and confusions represent the plight of every person--we are born free but gradually become bogged down by the demands of our society, continuously dependent on outside authority for answers and disconnected from our true inner nature. He reveals how Krishna’s advice offers guidance for dealing with life’s conflicts, which societal limitations to reject, and how to see through the polarizing notion of good versus evil to form a balanced state of mind superior to both. Restoring the fearless vision of the ancient rishis, who, like today’s scientists, prized skepticism as an important technique for accessing truth, Teitsworth reveals the Gita as a guide to an authentic guru-disciple relationship as well as to constructing a life of significance, freedom, and true sovereign adulthood. Sometimes going home is just the beginning...

‘Vivid and beautifully written, Liz Fenwick is a gifted storyteller’ Sarah Morgan, Sunday Times bestselling author 'Atmospheric, emotional and full of mystery – an absolute pleasure from page one' Veronica Henry, Sunday Times bestselling author Shortlisted for the CWA Gold Dagger Award and the European Union Prize for Literature 2019. "His mistakes are my inheritance. The rotten blood he gave me is the blood I will pass on." For twenty years, Daniel Hardesty has lived with the emotional scars of a childhood trauma which he is powerless to undo. One August morning, Daniel and his estranged father Francis--a character of irresistible charm and roiling self-pity--set out on a road trip that seems a promise to salvage their relationship. They have one shared interest, The Artifex, a children's TV program where Fran works on set, and Daniel has been promised special access to the studio. But with every passing mile, the layers of Fran's mendacity and desperation are exposed, pushing him to acts of violence that will define the rest of his son's life. The acclaimed author of The Ecliptic has written a novel of exceptional beauty about the bond between fathers and sons, and the invention and reconciliation of self--weaving a haunting story of lost innocence and love. "A novel written from the gut, and with a correspondingly visceral power. A superbly unsettling account of trauma and cautious recovery."--Sarah Waters, author of The Paying Guests This book shows how, once we have adjusted to the unitive state, the spiritual journey moves on to yet another more final ending. In our major religious traditions, the outstanding milestone in the spiritual journey is the permanent, irreversible transcendence of the self center or ego. The fact that a great deal has been written about the journey to this point means that many people have come this far. But what, we might ask, comes next? Looking ahead we see no path; even in the literature there seems to be nothing beyond an abiding awareness of oneness with God. Had this path been mapped in the literature, then at least we would have known that one existed; but where no such account exists, we assume there is no path and that union of self and God is the final goal to be achieved. The main purpose of The Path to No-Self is to correct this assumption. It verifies that a path beyond union does indeed exist, that the eventual falling away of the unitive state happens as the culmination

of a long experiential journey beyond the state. The author shows that a path exists between the transcendence of the ego (self-center), which begins the unitive state, and the later falling away of all self (the true self), which ends the unitive state. As a first hand account, *The Path to No-Self* will be of interest to those with similar experiences, or those searching for a better understanding of their own spiritual journey. Since the journey is concerned with the effects of grace on human consciousness, the book will be of interest to those psychologists concerned with the transformational process. The Mediterranean theater in World War II has long been overlooked by historians who believe it was little more than a string of small-scale battles--sideshows that were of minor importance in a war whose outcome was decided in the clashes of mammoth tank armies in northern Europe. But in this ground-breaking new book, one of our finest military historians argues that the Mediterranean was World War II's pivotal theater. Douglas Porch examines the Mediterranean as an integrated arena, one in which events in Syria and Suez influenced the survival of Gibraltar. Without a Mediterranean alternative, the Western Allies would probably have committed to a premature cross-Channel invasion in 1943 that might well have cost them the war. Brilliantly argued, with vivid portraits of Churchill, Montgomery, FDR, Rommel, and Mussolini, this original, accessible, and compelling account of a little-known theater emphasizes the importance of the Mediterranean in the ultimate Allied victory in Europe in World War II. "Thayne is a master at creating richly dimensional and kind characters from different generations who find themselves facing difficult challenges."—Booklist

With the emotional pull of Debbie Macomber, Barbara Delinsky and Susan Wiggs, RaeAnne Thayne brings readers an uplifting, brand new story told with her trademark charm and heart. She knows what's best for everyone but herself... With a past like hers, Jessica Clayton feels safer in a life spent on the road. She's made a career out of helping others downsize—because she's learned the hard way that the less "stuff," the better, a policy she applies equally to her relationships. But a new client is taking Jess back to Cape Sanctuary, a town she once called home...and that her little sister, Rachel, still does. The years apart haven't made a dent in the guilt Jess

still carries after a handgun took the lives of both their parents and changed everything between them. While Jess couldn't wait to put the miles between her and Cape Sanctuary, Rachel put down roots, content for the world—and her sister—to think she has a picture-perfect life. But with the demands of her youngest child's disability, Rachel's marriage has begun to fray at the seams. She needs her sister now more than ever, yet she's learned from painful experience that Jessica doesn't do family, and she shouldn't count on her now. Against her judgment, Jess finds herself becoming attached—to her sister and her family, even to her client's interfering son, Nate—and it's time to put everything on the line. Does she continue running from her painful past, or stay put and make room for the love and joy that come along with it? Return to Hope's Crossing this Christmas in New York Times bestselling author RaeAnne Thayne's latest heartwarming story of matchmaking at the holidays, All is Bright! From the pen of multi-million copy seller and Sunday Times bestselling author Susan Sallis comes a heart-warming and emotional novel of secrets, loss and final redemption that will stay with you long after you finish the last page. Readers of Rosamunde Pilcher, Maeve Binchy and Fiona Valpy will simply love The Path to the Lake.

***** IS SHE RUNNING AWAY FROM THE SECRETS OF HER PAST? Viv's marriage to David is not a conventional one, but when he dies - in an accident for which she blames herself - it is as if her whole world had collapses around her. She escapes by running, mainly around the nearby lake, which was once a popular place of recreation but is now desolate and deserted. It becomes both her refuge and her dread. But through the misery she makes some unexpected friends - a couple in the village whose family need her as much as she needs them. And gradually, as a new life opens up, she is able confront terrible secrets from her past which have haunted her and which can now be laid to rest... "It provides a fundamental perspective for viewing the nature and structure of ancient Chinese civilization as having a strong political orientation."--Introduction. The author of Greater Expectations cites rising levels of young people who are entering adulthood without a clear sense of purpose, explaining how

parents and educators can productively assist children to discover and responsibly pursue their true interests. Reprint. The Path to English series adopts a comprehensive and exhaustive approach to teaching and learning of English. It includes interesting activities to stimulate learner's interest, mental capacity and imagination. Detachable flash cards are given for recognition of the English alphabet and phonetic sounds. Meet three kids on their usual walk down the path near their house. Every day, they notice something new: the trail, the plants and the animals - some of the changes are almost too small to recognize! With sketchbooks under their arms and a magnifying glass in hand, each child interacts with the path in a different way. Together, they create a whole world for themselves. The Path (working title) encourages us to take a closer look and be curious about our surroundings. For readers of all ages, this book shows that the only thing we can count on for certain is change. James Crews, editor of the best-selling *How to Love the World* (70,000 copies in print), presents an all-new anthology of poems that explore the theme of kindness, featuring more than 100 uplifting and accessible poems by a diverse group of well-known and emerging contemporary poets, including Julia Alvarez, Marie Howe, Ellen Bass, Naomi Shihab Nye, Ross Gay, Ada Limón, Danusha Lameris, Alberto Ríos, and more. For the first time an award-winning Harvard professor shares the lessons from his wildly popular course on classical Chinese philosophy, showing you how these ancient ideas can guide you on the path to a good life today. The lessons taught by ancient Chinese philosophers surprisingly still apply, and they challenge our fundamental assumptions about how to lead a fulfilled, happy, and successful life. Self-discovery, it turns out, comes through looking outward, not inward. Power comes from holding back. Good relationships come from small gestures. Spontaneity comes from practice. And excellence comes from what you choose to do, not your "natural" abilities. Counterintuitive. Countercultural. Even revolutionary. These powerful ideas have made Professor Michael Puett's course the third most popular at Harvard University in recent years, with enrollment surging every year since it was first offered in 2006. It's clear students are drawn by a bold promise Professor Puett makes on the first day of class: "These ideas will change your life."

Now he offers his course to the world. For the millions of people currently involved in Twelve-Step recovery programs, and anyone dealing with obsessive-compulsive behaviors, this latest offering from the Minirth-Meier Clinic Series takes the abstract concepts of the Twelve Steps and reveals practical Christian ways to put them into daily practice. A lightning-swift form of kung fu based on the concepts of short-range attack and defense, wing chun achieved worldwide renown as the favored martial art of Bruce Lee. This expanded edition of the popular wing chun guide features a tribute from Lee's wife, Linda, plus new material from Yip Chun, the world's leading master teacher of this form. Also included are never-before-published photos of the late Yip Man, former grandmaster and the last in a line of disciples originating with wing chun's 18th-century founder, Ng Mui. The book introduces practitioners to sil lim tao, the first training form, and goes on to describe combat applications. Readers will also find a brief history, notes on training, and useful discussions of centerline theory and the seeds of wing chun. Have you tried to overcome sin but nothing seems to work? Do you feel like something is missing in your relationship with the Lord? Are you experiencing more defeat than victory in your life? If you answered yes to one or more of these questions then I encourage you to read *The Path to Purity*. You will find answers. You will feel loved. You will be drawn closer to God and experience growth in Christ. Consider this book to be your call to Christlikeness. This is a "One size fits all" book, because we all face temptation, and we all need to become more like Christ. Please join us on this exciting journey as we learn how to follow the steps of the Master. Events that we actually experience make up only 10% of our lives; the remaining 90% of life consist of how we respond to those events. That's why our problems do not lie in the external world-on the contrary, they rest firmly inside our inner world. Yet only a third of all people are aware of themselves and their reactions, and only those few know how to fundamentally shape their own lives. *'The Path to Me'* is a self-therapy workbook based on psychological principles, and its solutions-oriented analyses help us identify the underlying causes of our problems and give us guidelines, support and instructions for how to direct our actions. Beloved Buddhist nun Ayya Khema

expertly guides the reader through ten meditations on generating loving-kindness and cultivating the fifteen wholesome qualities necessary for igniting compassion and boundless love. Having escaped Nazi Germany in 1938, Ayya Khema has singularly profound perspective on creating peace, unconditional love, and compassion. She gently teaches that inner peace is not necessarily natural or innate. Instead, peace should be considered a skill that needs intentional practice—every day. Peace is the sum of many parts, namely the fifteen wholesome qualities the Buddha himself noted in the Metta Sutta, including usefulness, mildness, humility, contentment, receptivity, and others. Ayya Khema expertly guides us through each individual condition, using her trademark humor and personal narrative, to help each reader shape their own path to self-transformation. The second part of the book includes an eye-opening discussion of metta (loving-kindness) as both a morality and concentration practice, as well as ten meditation practices that use visualizations rather than more traditional mantra repetition. These visualizations include your heart as a "Fountain of Love," reaching those close to you and those far away, and a "Flower Garden," where we tend to the blooms in our hearts through love and compassion and share them with others. Edited by her student and retreat leader, Leigh Brasington, this book is a complete course in practical ways to calm and brighten our minds. Offers both philosophical and inspirational advice on the seven stages of love and how to successfully achieve each of them. **OPRAH'S BOOK CLUB PICK AN INSTANT NEW YORK TIMES BESTSELLER** "A roadmap on the journey to truth and authenticity... [The Way of Integrity] is filled with aha moments and practical exercises that can guide us as we seek enlightenment." —Oprah Winfrey Bestselling author, life coach, and sociologist Martha Beck explains why "integrity"—needed now more than ever in these tumultuous times—is the key to a meaningful and joyful life As Martha Beck says in her book, "Integrity is the cure for psychological suffering. Period." In *The Way of Integrity*, Beck presents a four-stage process that anyone can use to find integrity, and with it, a sense of purpose, emotional healing, and a life free of mental suffering. Much of what plagues us—people pleasing, staying in stale relationships,

negative habits—all point to what happens when we are out of touch with what truly makes us feel whole. Inspired by *The Divine Comedy*, Beck uses Dante's classic hero's journey as a framework to break down the process of attaining personal integrity into small, manageable steps. She shows how to read our internal signals that lead us towards our true path, and to recognize what we actually yearn for versus what our culture sells us. With techniques tested on hundreds of her clients, Beck brings her expertise as a social scientist, life coach and human being to help readers to uncover what integrity looks like in their own lives. She takes us on a spiritual adventure that not only will change the direction of our lives, but also bring us to a place of genuine happiness.

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